



AAU GULF DISTRICT DEVELOPMENTAL TRACK & FIELD COACHING CLINIC “TRAIN THE TRAINER”

SATURDAY MARCH 3, 2018 10:00AM – 3:00PM
HOUSTON COMMUNITY COLLEGE – MISSOURI CITY, TX

1ST ANNUAL AAU GULF DISTRICT COACHING CLINIC

CALLING ALL GULF DISTRICT TRACK & FIELD COACHES

\$20.00 Per Attendee Go to www.coacho.com to Register

Come and Learn Best Track & Field Coaching Strategies and
Techniques for Running, Jumping, Throwing and Youth Athlete
Coaching Principles

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
- Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership



ALL AAU GULF DISTRICT
TRACK COACHES ARE
ENCOURAGED TO ATTEND

COME AND LEARN
HELPFUL TRAINING
TECHNIQUES AND BEST
WORKOUT PRACTICES

REVIEW COACHING AND
GUIDELINES FOR ALL
ESSENTIAL TRACK EVENTS

TRAINING AND
DEMONSTRATIONS BY
EXPERIENCED AND
KNOWLEDGEABLE LOCAL
INSTRUCTORS

REGISTRATION MUST BE
COMPLETED AT
www.COACHO.COM BY
MARCH 1,2018

LOCATION

Houston Community College
1600 Texas Parkway
Missouri City, TX 77489

aaugulfathletics@aol.com

Saturday March 3, 2018
10:00am - 3:00pm