

Gulf AAU T&F National Qualifiers Records - Girls

Primary Girls (8 years and under)

100 M Dash	15.04	Dynasty Mcclennon	Track Houston	2011
200 M Dash	30.19	Dynasty Mcclennon	Track Houston	2011
400 M Dash	1:12.94	Dynasty Mcclennon	Track Houston	2011
800 M Run	2:50.28	Dania Guidry	Northside Striders	2010
1500 M run				
4 X 100 M Relay	1:01.45	The Wings TC Inc 'A'		2012
Long Jump	3.46m 11'4.25	Jailyn Williams	GP Striders	2009
Shot Put	6.08m	Shira Patton	Max Velocity, Hou	2010

1500m Run

Sub-Bantam Girls (9 year olds)

100 M Dash	14.32	Adaora Nwokeji	Humble, TX	2012
200 M Dash	27.80	Dynasty McClennon	Track Houston	2012
400 M Dash	1:06.59	Jalen Elrod	Katy, TX	2012
800 M Run	2:37.99	Dania Guidry	Northside St	2011
1500 M Run	5:28.94	Dania Guidry	Northside St	2011
1500 M Race Walk	9:30.05	Abigail Weed	Cypress, TX	2012
Long Jump	4.17m 13'08.25	Kynneddy Flannel	Alvin Steppers	2009
High Jump	3-09.00	Reaghan Thompson	Bay Area Road Warr	2013
Shot Put	6.41m 21'0.5	Grace Gregg	MC Express TC	2010
Javelin Throw				
Triathlon	1008	Dejshia Carr	Southern Eag	

Bantam Girls (10 year olds)

100 M Dash	13.77	Katelyn Gamble	Houston, TX	2012
200 M Dash	28.56	Katelyn Gamble	Houston, TX	2012
400 M Dash	1:04.26	Jaila Gray	Sonics Youth	2009
800 M Run	2:31.47	Dania Guidry	Houston, TX	2012
1500 M Run	5:27.13	Dania Guidry	Houston, TX	2012
1500 M Race Walk	8:46.97	Camila Vicens	Houston, TX	2012
4 X 100 M Relay	55.51	The Wings TC Inc 'A'	The Wings TC Inc 'A'	2012
4 X 400 M Relay	4:34.20	Track Houston TC 'A'	Track Houston TC 'A'	2012
Long Jump	4.07m 13'4.25	Kynneddy Flannel	Alvin Steppers	2010
High Jump		Parie Netherly	Crosby Cyclones	2010
Shot Put	7.38m 24'2.5	Parie Netherly	Crosby Cyclones	2010
Triathlon	1119	Dejshia Carr	Houston, TX	2012

Sub-Midget Girls (11 year olds)

100 M Dash	13.32	Lauren Davis	Pace Setters	2013
200 M Dash	27.26	Darnee Williams	Houston, TX	2012
400 M Dash	1:02.56	Brandy Thomas	Sonics Youth	2009
800 M Run	2:31.57	Makaylah Halstead	Sugar Land, TX	2012

1500 M Run	5:23.70	Taylor Price	Visions TC	2009
1500 M Race Walk	9:14.25	Camila Vicens	Track Houston	2013
3000 M Run	11:44.30	Taylor Price	Visions TC	2009
80 M Hurdles	13.83	Ayona Wilson	Houston Pace	2011
Long Jump	14.08 4.47m	Onuchi Ndee	Houston, TX	2012
High Jump	1.35 4'5	G'auna Edwards	Houston Jets	2010
Shot Put	9.23m 30'3.5	Charli Collier	Crosby Cyclones	2010
Discus	18.32m 60-01	Jamie Tatum	Houston, TX	2012
Pentathlon	2320	Kynnedey Flannel	Alvin Steppe	2011

Midget Girls (12 year olds)

100 M Dash	12.69	Corriell Bell	Sonics Youth TC	2013
200 M Dash	26.07	Rachael Hall	Houston, TX	2012
400 M Dash	59.80	Rachael Hall	Houston, TX	2012
800 M Run	2:27.77	Annamarie Mckenzie	Southeast Su	2011
1500 M Run	5:09.61	Imani Williams	Track Housto	2011
1500 M Race Walk	9:57.88	Tanyah Davis	Houston Syne	2013
3000 M Run	11:44.30	Taylor Price	Visions TC	2009
80 M Hurdles	12.84	Ayona Wilson	Rosharon, Tx	2012
4 X 100 M Relay	52.28	The Wings TC Inc 'A'	The Wings TC Inc 'A'	2012
4 X 400 M Relay	4:16.69	Sonics Youth TC 'A'	Sonics Youth TC 'A'	2012
4 X 800 M Relay	10:20.15	Southern Eagles TC 'A'	Southern Eagles TC 'A'	2013
Long Jump	16-07 5.05m	Kynnedey Flannel	Alvin, TX	2012
High Jump	4-10 1.47m	Gauna Edwards	Houston Jets	2012
Shot Put	13.06 42'10.25	Meia Gordon	Southern Eagles	2010
Discus	28.04 92'0	Meia Gordon	Southern Eagles	2010
Pentathlon	2632	Gauna Edwards	Houston Jets	2012

Sub-Youth Girls (13 year olds)

100 M Dash	12.33	Kynnedey Flannel	Alvin Steppers	2013
200 M Dash	25.10	Kynnedey Flannel	Alvin Steppers	2013
400 M Dash	59.19	Rachel Hall	Houston Syne	2013
800 M Run	2:25.59	Julia Heymach	Rising Stars	2011
1500 M Run	5:01.89	Imani Williams	Richmond, TX	2012
3000 M Run	10:45.80	Julia Heymach	Rising Stars	2011
3000 M Race Walk				
100 M Hurdles	14.96	G'Auna Edwards	Spring, TX	2012
200 M Hurdles	30.01	Jessica Duckett	High Velocity	2010
Long Jump	16-04.00	Kynnedey Flannel	Alvin Steppers	2013
Triple Jump	36-00.25	Kynnedey Flannel	Alvin Steppers	2013
High Jump	5-03.75 1.62m	G'Auna Edwards	Spring, TX	2012
Pole Vault	2.43m 7'11.5	Megan Arnold	Unattached	2009
Shot Put	40-02.75	Meia Gordon	Southern Eag	2011
Discus	96-03 29.33m	Jasmyne Eastland	Southern Eag	2011
Javelin	79-06 24.24m	Kaylah Shepherd	Sugar Land, TX	2012
Pentathlon	2888	G'Auna Edwards	Spring, TX	2012

Youth Girls (14 year olds)

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100 M Dash	12.25	Myavia Armstrong	Wharton Wave	2009
200 M Dash	24.55	Milan Young	My Stars Youth	2013
400 M Dash	57.27	Myavia Armstrong	Wharton Wave	2009
800 M Run	2:21.28	Shania Ford	Nacogdoches, TX	2012
1500 M Run	4:51.28	Julia Heymach	Pearland, TX	2012
3000 M Run	10:49.05	Julia Heymach	Pearland, TX	2012
3000 M Race Walk	5:27.92	Holly Cook	Texas Cyclones	2010
4 X 100 M Relay	49.03	MY Stars Youth 'A'	MY Stars Youth 'A'	2011
4 X 400 M Relay	3:58.20	The Wings TC Inc 'A'	The Wings TC Inc 'A'	2012
4 X 800 M Relay	9:59.01	Sonics Youth TC 'A'	Sonics Youth TC 'A'	2013
100 M Hurdles	14.70	Milan Young	My Stars Youth	2013
200 M Hurdles	26.94	Milan Young	My Stars Youth	2013
Long Jump	5.16m 16-11.25	Raina Oneal	Richmond, TX	2011
Triple Jump	10.76 35'3.75	Tierney Price	MC Express	2009
High Jump	5-03.75 1.62m	Raina Oneal	Richmond, TX	2012
Pole Vault	2.74m 8'11.75	Megan Arnold	Unattached	2010
Shot Put	14.46m 47-05.25	Meia Gordon	Southern Eag	2012
Discus	115-03 35.12m	Cori Runnels	Unattached	2011
Javelin	54-07 16.64m	I'Kea Byrd	Huntsville, TX	2012
Pentathlon	2723	Desirae Smith	Max Velocity	2011

Intermediate Girls (15 & 16 year olds)

100 M Dash	11.87	Kourtnei Johnson	College Stat	2013
200 M Dash	24.50	Taylor Bennett	Spring, TX	2012
400 M Dash	54.30	Raevyn Rogers	Houston, TX	2012
800 M Run	2:17.59	Jessica Duckett	Houston, TX	2012
1500 M Run	4:57.89	Onaye Parker	Houston, TX	2011
3000 M Run	11:00.45	Taylor Price	Houston Visions TC	2013
3000 M Race Walk				
110 M Hurdles	14.20	Alaysha Johnson	Spring, TX	2012
400 M Hurdles	1:01.70	Alaysha Johnson	Spring, TX	2012
2000 M Stplchs	8:00.90	Sarah Musgrave	Houston, TX	2012
4 X 100 M Relay	46.54	Track Houston TC 'A'	Track Houston TC 'A'	2012
4 X 400 M Relay	3:46.30	Visions Track 'A'	Visions Track And Field 'A'	2012
4 X 800 M Relay	9:31.92	The Wings TC Inc 'A'	The Wings TC Inc 'A'	2012
Long Jump	17-08.75 5.40m	Shaniya Mitchell	Houston, TX	2012
Triple Jump	39-03 11.96m	Asa Garcia	Lamarque, TX	2012
High Jump	5-05.25 1.66m	Zarriea Willis	Track Houston	2012
Pole Vault	3.05m 10'0	Crystal LeDuc	Unattached	2010
Shot Put	41-09.25 12.73m	Tyjae Scales	Pearland, TX	2012
Discus	120-10 36.84m	Cori Runnels	Katy, TX	2012
Javelin	91-03 27.81m	Charra Elliott	Rising Stars	2011
Heptathlon	3621	Charra Elliott	Rising Stars	2011

Young Women (17 & 18 year olds)

100 M Dash	11.78	Bria Carter	Houston, TX	2012
200 M Dash	23.93	Akeyla Mitchell	Corpus Christi, TX	2012
400 M Dash	56.87	Jalana Owens	Richmond, TX	2012
800 M Run	2:19.30	Taylor Buckner	Team Texas E, Pearland	2010

1500 M Run	5:13.79	Daunicia Demerson	Houston Visions	2011
3000 M Run	11:24.79	Sheray Reese	Houston Visions	2011
3000 M Race Walk	20:02.67	Essence Perry	Houston, TX	2012
110 M Hurdles	14.28	Skylar Ross-Ransom	Houston, TX	2012
400 M Hurdles	1:06.63	Roneisha Webb	Houston High Steppers	2011
2000 Steeplechase	8:12.79	Kirsten Redweik	Strixctly Distance	2013
4 X 100 M Relay	46.26	Track Houston Youth TC 'A'	Track Houston Youth TC 'A'	2012
4 X 400 M Relay	3:50.39	Visions Track Club 'A'	Visions Track And Field Club 'A'	2012
4 X 800 M Relay	10:03.15	CL Athletics Stars 'A'	CL Athletics Stars 'A'	2012
Long Jump	18-02.75 5.55m	Jordan Highsmith	Gp Striders	2011
Triple Jump	38-04.00 11.68	Mylana Hearn	Missouri City, TX	2012
High Jump	5-03.75 1.62m	Kori Soignet	Beaumont, TX	2012
Pole Vault	3.51m 11'6.25	Leslie Beard	Unattached	2010
Shot Put	44-07.00 13.59	Lauryn Caldwell	Texas City, TX	2012
Discus	149-03 45.50m	Lauryn Caldwell	Texas City, TX	2012
Javelin	128-10 39.28m	Jeia Gilliam	Fresno, TX	2012
Heptathlon	4140	Lauren Rover	Unattached	2009