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PRESS RELEASE

Battenberg Twins Kick Their Way to Double Gold Medals at AAU Junior Olympic Games in Detroit, Michigan.

The path to the 2016 Olympics (Taekwondo) has begun for the Battenberg Family! Sixth Degree Black Belt & Master Instructor Jeff Battenberg coached his twin boys to DOUBLE GOLD in the AAU Junior Olympic Games, held in Detroit, Michigan (July 25 - 29). The Taekwondo competition was held on July 28th at the Cobo Convention Center in downtown Detroit.

Chancellor Battenberg finalized his Gold Medal with a 26 to 19 victory against Casey Cella from Louisiana. Skye Battenberg finished his path to Gold with a 12 to 10 win against Edwin Drummond from Maryland.

In addition to winning Gold Medals, the Battenberg boys have trained with Olympic Gold Medalist Steven Lopez and his coach/brother Jean Lopez (U.S. Olympic Team Coach 2000-2012). Taekwondo definitely seems to be a family affair. The Lopez family (Jean-coach, Steven, Mark and Diana - competitors) has been winning since the 2000 Olympic games.

What you may not know is that Jeff Battenberg trained with the Lopez' family while striving for the 2000 Olympic spot himself (eventually earned by Steven Lopez).

“Currently, Skye and Chance train approximately 10 - 14 hours per week - they know that the closer it gets to the 2016 Olympic games, their training will most likely triple!” states Master Jeff Battenberg.

Master René Battenberg (7th Degree Master Instructor and mother of the twin medalists) says, “I’m proud of my boys. They have taken their training to another level in this last year. Both of the boys have opted out of sweets and soft drinks to keep their conditioning level at a maximum. They run 1 - 4 miles every day, and kick approximately 3000 - 5000 times each week.”

“Taekwondo teaches you very good body control and it strengthens your mind because you have to overcome your fears.” Mental conditioning is vital in Taekwondo, according to Master Jeff Battenberg, who emphasized that one of the keys to being an elite martial artist requires sharp mental focus. “It’s probably 75 percent mental,” Master Jeff Battenberg said. “Most of the kids my boys compete against are physically tough. It’s the mental edge that will take them to the next level!”

The Battenberg Family run a Family Martial Arts Academy in Kingwood, TX. Their mission statement is “We Build Champions...In All Areas of Life.” Medals are a great moral booster, but when you learn to treat others with respect and show great self-discipline, you are a champion in life!

Attached Pictures

ChanceandSkye – Chancellor, Jeff, Skye (chance is the taller twin)

SkyeKickingtoHead – Skye is in Blue (2 points for a head kick)

ChanceKicking – Chance is Red

ChanceKickingOppinHead – Chance is Red